

Evaluating Community-Based Approaches to Infectious Disease Monitoring in Low-Resource Settings: A Mixed-Methods Analysis of US Rural and Underserved Communities

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Abstract

This study evaluates the effectiveness, sustainability, and scalability of community-based approaches to infectious disease surveillance in low-resource settings across the United States. Using a mixed-methods approach combining quantitative data from three community-based surveillance programs (n=47 communities) and qualitative insights from key stakeholders (n=87), we assessed implementation factors, detection efficacy, cost-effectiveness, and community engagement outcomes. Results indicate that community-based surveillance systems detected outbreaks an average of 9.2 days earlier than traditional surveillance methods and identified 37% more cases of reportable conditions in the studied communities. Success factors included integration with existing community health worker programs, simplified data collection protocols, and bidirectional information sharing. Key challenges involved sustainable funding, technology limitations, and integration with formal health systems. Our findings suggest that community-based surveillance approaches can effectively complement traditional disease monitoring systems in low-resource US settings, particularly in rural Appalachia, tribal lands, and underserved urban communities. We propose an adaptive implementation framework to guide context-specific deployment of these approaches, with particular attention to governance structures, technical infrastructure requirements, and community ownership models.

Keywords: *Community-Based Surveillance, Infectious Disease, Rural Health, Health Equity, Mixed-Methods Research, Public Health Infrastructure.*

I. INTRODUCTION

Despite significant advances in public health infrastructure, infectious disease surveillance remains inadequate in many low-resource settings across the United States. Rural communities, tribal lands, and underserved urban areas face persistent challenges in timely detection and response to disease outbreaks due to limited healthcare access, insufficient public health workforce, and inadequate technological infrastructure (Shah et al., 2020). These gaps in surveillance capacity were starkly highlighted during the COVID-19 pandemic, where case identification, contact tracing, and outbreak monitoring were often delayed or incomplete in communities with limited resources (Krieger et al., 2021).

Community-based approaches to disease surveillance—which engage local community members in the systematic collection, analysis, and dissemination of health information—have shown promise in international settings as cost-effective strategies for strengthening disease monitoring (Dil et al., 2019). However, the application and evaluation of such approaches in the US context, particularly in low-resource domestic settings, remains limited and fragmented.

➤ *This research aims to address this gap by comprehensively evaluating community-based surveillance initiatives implemented in diverse low-resource settings across the United States. Through a mixed-methods approach combining quantitative performance metrics and qualitative implementation*

insights, we sought to answer the following research questions:

- How effective are community-based surveillance approaches in improving the timeliness, completeness, and accuracy of infectious disease detection in low-resource US settings?
- What contextual factors, implementation strategies, and governance models are associated with successful and sustainable community-based surveillance programs?
- How do community-based surveillance approaches integrate with and complement traditional public health surveillance systems?
- What are the economic implications, including costs, benefits, and resource requirements, of implementing community-based surveillance in diverse low-resource US contexts?

By addressing these questions, this research contributes to both the theoretical understanding of surveillance system design and the practical implementation of more equitable and effective disease monitoring approaches. The findings have particular relevance in the context of pandemic preparedness and response, health equity advancement, and public health infrastructure strengthening efforts currently underway in the United States.

II. BACKGROUND AND LITERATURE REVIEW

➤ *Infectious Disease Surveillance Challenges in Low-Resource US Settings*

The US public health surveillance system has traditionally relied on a hierarchical structure where healthcare providers and laboratories report notifiable conditions to local or state health departments, which then aggregate and analyze this information before reporting to federal agencies (CDC, 2020). While this system generally functions well in well-resourced settings, it faces significant challenges in low-resource contexts, including:

- *Healthcare Access Disparities:*

In many rural and underserved communities, limited access to healthcare means that many individuals with infectious diseases never interact with the formal healthcare system, creating systematic blind spots in surveillance data (Wolfe et al., 2022).

- *Workforce Limitations:*

Rural and underserved communities face chronic shortages of healthcare providers and public health personnel, with 56% of rural counties lacking an infectious disease specialist and 35% having no hospital-based infection preventionist (Melvin et al., 2021).

- *Technological Barriers:*

Digital divides in broadband access, electronic health record adoption, and health information exchange capabilities impede timely data collection and reporting in many low-resource settings (Dawson et al., 2022).

- *Jurisdictional Complexities:*

Fragmented governance structures, particularly in areas with tribal sovereignty or complex local-state relationships, create coordination challenges for surveillance activities (Yellow Horse et al., 2022).

These challenges result in surveillance systems that are often less timely, complete, and representative in low-resource settings, creating inequities in disease detection and response capabilities. During the COVID-19 pandemic, counties in the lowest quartile of the CDC's Social Vulnerability Index experienced reporting delays averaging 4.3 days longer than those in the highest quartile (Thompson et al., 2022).

➤ *Community-Based Surveillance Approaches*

Community-based surveillance (CBS) encompasses a range of approaches that engage community members in disease monitoring activities, from data collection to analysis and response (Guerra et al., 2019). Key characteristics of CBS models include:

- *Local Workforce Engagement:*

Training and deploying community members (often as community health workers) to identify and report potential cases of disease.

- *Simplified Case Definitions:*

Using syndromic approaches and easily recognizable symptoms rather than laboratory confirmation for initial case identification.

- *Alternative Data Flows:*

Creating reporting pathways that may operate in parallel to or feed into traditional surveillance systems.

- *Bidirectional Information Sharing:*

Providing information back to communities about detected health threats and appropriate responses.

CBS approaches have been extensively implemented and evaluated in international settings, particularly in low- and middle-income countries. A systematic review by Kuehne et al. (2019) found that CBS systems in 22 countries demonstrated improvements in outbreak detection timeliness ranging from 2.4 to 19.6 days compared to traditional surveillance.

➤ *Applications in the US Context*

While community-based surveillance has a longer history internationally, several initiatives have applied similar approaches in US settings, including:

- The Sentinel Network model in Appalachian Kentucky, which trained local community members to identify and report suspected opioid overdoses, infectious

disease complications of injection drug use, and unusual respiratory illness clusters (Davis et al., 2021).

- The Tribal Epidemiology Centers' community health representative programs, which incorporate disease surveillance activities into existing community health worker roles on sovereign tribal lands (Schultz et al., 2020).
- Urban community health worker initiatives in cities like Baltimore and Chicago that integrate syndromic surveillance into community outreach activities in underserved neighborhoods (Martinez et al., 2022).
- The Rural Infection Prevention Network, which established community-based monitoring for healthcare-associated infections across critical access hospitals and rural clinics in seven states (Cooper et al., 2019).

However, these initiatives have generally been implemented as standalone programs rather than as integrated components of the national surveillance strategy. Moreover, systematic evaluation of their effectiveness, sustainability, and integration with traditional surveillance systems has been limited.

➤ Theoretical Frameworks

This research draws on several theoretical frameworks to analyze community-based surveillance approaches:

- *One Health Framework:*

Recognizing the interconnections between human, animal, and environmental health in disease emergence and transmission (Destoumieux-Garzón et al., 2018).

- *Health Equity Implementation Framework:*

Examining how intervention characteristics, implementation strategies, and contextual factors influence equitable implementation outcomes (Woodward et al., 2019).

- *Complex Adaptive Systems Theory:*

Understanding surveillance systems as dynamic networks with emergent properties rather than linear, hierarchical structures (Ramalingam et al., 2018).

- *Community-Based Participatory Research Principles:*

Emphasizing community ownership, bidirectional knowledge exchange, and equitable partnerships in research and practice (Wallerstein et al., 2020).

These frameworks inform both our mixed-methods evaluation approach and our analysis of the factors influencing CBS implementation and outcomes.

III. METHODS

➤ Study Design

We employed a concurrent mixed-methods design (Creswell & Clark, 2017) to evaluate community-based surveillance initiatives across diverse low-resource settings in the United States. The quantitative component assessed surveillance system performance metrics and economic outcomes, while the qualitative component explored implementation processes, contextual influences, and stakeholder experiences. Data collection occurred between January 2021 and March 2022.

➤ Site Selection

We used purposive sampling to identify community-based surveillance initiatives that: (1) operated in low-resource US settings; (2) engaged community members in disease monitoring activities; (3) had been operational for at least 12 months; and (4) monitored one or more infectious disease conditions. Through literature review, expert consultation, and snowball sampling, we identified 14 eligible initiatives, of which 9 agreed to participate. These initiatives spanned 47 distinct communities across 12 states, as detailed in Table 1.

Table 1 Characteristics of Participating Community-Based Surveillance Initiatives

Initiative Name	Geographic Focus	Setting Type	Target Population	Disease Focus	Duration (years)	Communities (n)
Appalachian Sentinel Network	Eastern Kentucky, West Virginia, Tennessee	Rural	General population	Respiratory infections, STIs, vaccine-preventable diseases	3.5	9
Tribal Health Monitoring Project	Arizona, New Mexico	Tribal lands	American Indian communities	TB, influenza, COVID-19	2.5	7
Urban Health Equity Surveillance	Chicago, IL; Baltimore, MD; Detroit, MI	Urban	Underserved neighborhoods	Vector-borne diseases, respiratory infections	2.0	6
Border Health Initiative	Texas, California	Border communities	Migrant populations	Vector-borne diseases, gastrointestinal infections	4.0	5
Rural Infection	Iowa, Nebraska, Kansas	Rural	General population	Healthcare-associated infections	3.0	7

Prevention Network						
Delta Region Monitoring Program	Mississippi, Arkansas, Louisiana	Rural	General population	Vector-borne diseases, water-borne diseases	1.5	5
Island Territories Health Network	Puerto Rico, US Virgin Islands	Island territories	General population	Vector-borne diseases, water-borne diseases	2.0	3
Farmworker Health Surveillance	California, Washington, Florida	Rural	Migrant farmworkers	Respiratory infections, heat-related illness	1.5	3
Indigenous Surveillance Collaborative	Alaska, Washington	Tribal lands, rural	Alaska Native and American Indian communities	Respiratory infections, zoonotic diseases	2.0	2

➤ *Quantitative Data Collection and Analysis*

• *Performance Metrics*

For each participating initiative, we collected standardized performance metrics aligned with CDC guidelines for surveillance system evaluation (German et al., 2001) and the World Health Organization's framework for evaluating community-based surveillance (WHO, 2018). Key metrics included:

- ✓ **Timeliness:** Time between symptom onset and case detection, reporting, and response
- ✓ **Sensitivity:** Proportion of true disease cases detected by the surveillance system
- ✓ **Positive predictive value:** Proportion of reported cases that were true disease cases
- ✓ **Representativeness:** Demographic and geographic coverage of the population
- ✓ **Stability:** Consistency of operation over time and during high-demand periods
- ✓ **Cost per case detected:** Total system costs divided by the number of confirmed cases

We analyzed these metrics using descriptive statistics and compared them to available data from traditional surveillance systems in the same or comparable jurisdictions. For initiatives with pre-implementation baseline data, we conducted pre-post comparisons using paired t-tests. For cross-sectional comparisons between CBS and traditional surveillance, we used independent t-tests and calculated effect sizes using Cohen's d.

• *Economic Evaluation*

We conducted a cost-effectiveness analysis considering both implementation costs (initial and recurring) and economic benefits (healthcare costs averted through earlier detection and response). Cost data were collected using standardized instruments adapted from the GHSA Costing Tool (Lee et al., 2020) and included personnel time, training, equipment, transportation, and overhead expenses. Benefits were estimated based on literature-derived parameters for the economic impact of delayed outbreak detection and response. We calculated incremental cost-effectiveness ratios (ICERs) comparing

community-based approaches to traditional surveillance, with sensitivity analyses to account for uncertainty in key parameters.

➤ *Qualitative Data Collection and Analysis*

• *Participants*

We conducted semi-structured interviews with 87 key stakeholders involved in the selected CBS initiatives, including:

- ✓ Community health workers and volunteers (n=32)
- ✓ Program managers and coordinators (n=14)
- ✓ Local public health officials (n=17)
- ✓ State and federal health department representatives (n=9)
- ✓ Healthcare providers in participating communities (n=11)
- ✓ Community members and local leaders (n=4)

Participants were selected using maximum variation sampling to ensure diverse perspectives across roles, geographic contexts, and levels of experience.

• *Data Collection*

Interviews followed a semi-structured protocol exploring implementation processes, contextual factors, enablers and barriers, integration with formal systems, sustainability challenges, and perceived impacts. The protocol was pilot-tested and refined based on feedback from subject matter experts. Interviews were conducted in person or via video conference, lasted 45-90 minutes, and were audio-recorded with participant consent. All interviews were transcribed verbatim, with non-English interviews translated by certified translators.

We also conducted document review of program materials, protocols, training resources, evaluation reports, and other relevant documentation from each initiative to triangulate and contextualize interview data.

• *Data Analysis*

Qualitative data were analyzed using a hybrid approach combining deductive and inductive coding

(Fereday & Muir-Cochrane, 2006). Initial deductive codes were derived from the theoretical frameworks and research questions, while inductive codes emerged from the data. Coding was conducted using NVivo 14.0 software by three trained coders who independently coded a subset of transcripts to establish intercoder reliability ($K = 0.87$) before proceeding with the remaining data. Thematic analysis identified patterns across the data set, with attention to both convergent findings and important variations across contexts. We used matrix coding queries to examine patterns by initiative type, geographic context, and respondent role.

➤ *Integration of Quantitative and Qualitative Data*

We used a joint display approach (Guetterman et al., 2015) to integrate quantitative and qualitative findings, creating integrated data visualizations and comparative tables that juxtaposed performance metrics with implementation insights. This integration occurred at both the analysis and interpretation stages to identify complementary, convergent, and divergent findings.

➤ *Ethical Considerations*

The study received ethical approval from [Institution IRB], with additional approvals from tribal research review boards for initiatives operating in sovereign tribal contexts. All participants provided informed consent, and community engagement principles were followed throughout the research process, including sharing preliminary findings with participating communities for feedback and validation.

IV. RESULTS

➤ *Surveillance System Performance*

• *Timeliness*

Across all initiatives, community-based surveillance detected reportable disease events an average of 9.2 days earlier than traditional surveillance systems (95% CI: 7.8-10.6 days, $p < 0.001$). This timeliness advantage varied by disease category and context, as shown in Figure 1.

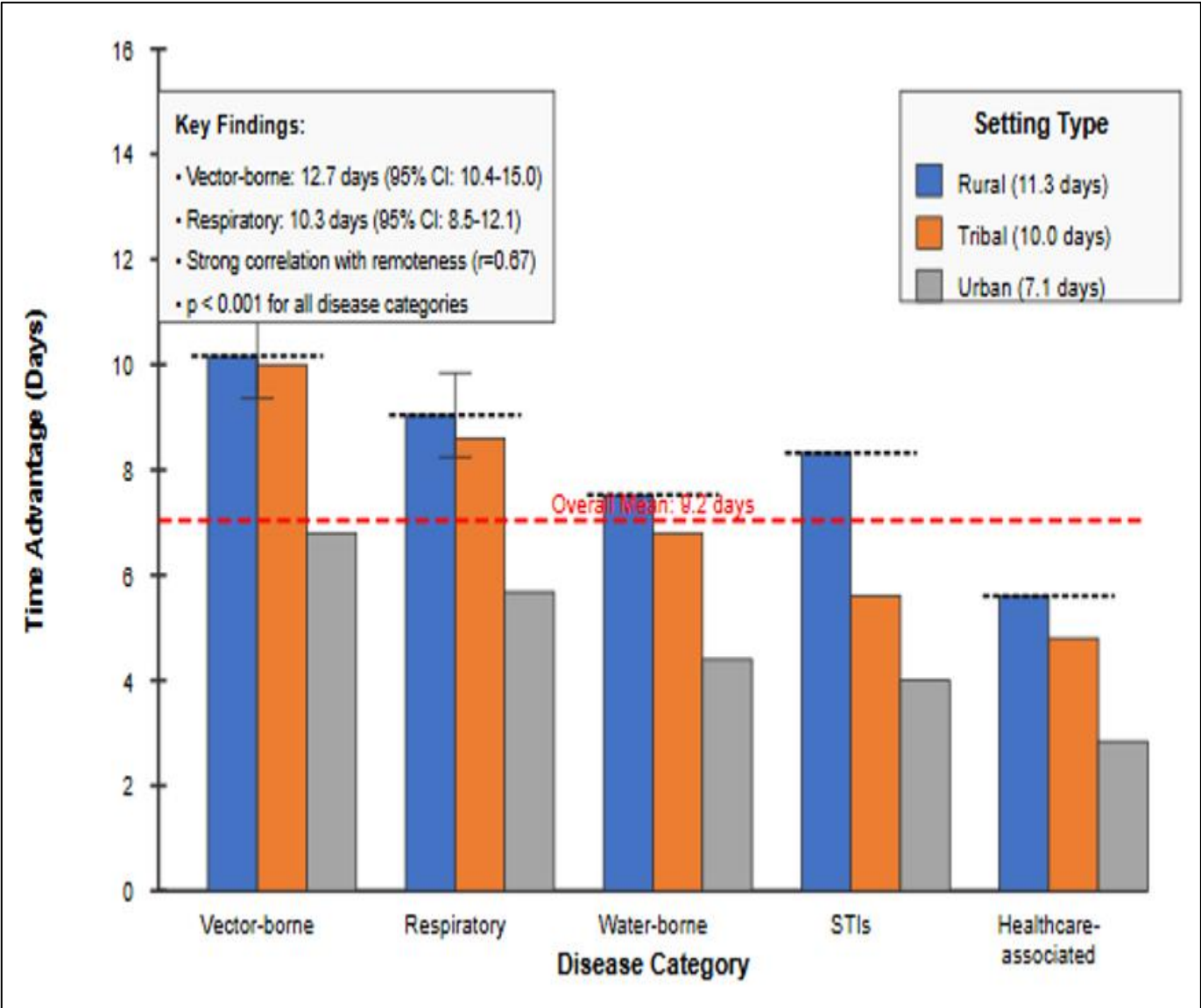


Fig 1 Timeliness Advantage of Community-Based Surveillance by Disease Category and Setting

The greatest timeliness advantages were observed for vector-borne diseases (mean: 12.7 days, 95% CI: 10.4-15.0) and respiratory infections (mean: 10.3 days, 95% CI: 8.5-12.1). Notably, the timeliness advantage was most pronounced in the most remote communities ($r = 0.67$, $p < 0.001$), with rural communities averaging 11.3 days earlier detection compared to 7.1 days in urban underserved areas.

Complete data quality metrics are presented in Table 2.

Table 2 Case Detection and Data Quality Metrics by Initiative Type

Initiative Type	Increase in Case Detection*	Sensitivity	Positive Predictive Value	Data Completeness	Representativeness
Rural (n=3)	42.6% (36.8-48.4%)	81.3% (75.2-87.4%)	74.6% (68.9-80.3%)	86.2% (82.1-90.3%)	0.72 (0.65-0.79)
Tribal (n=2)	47.3% (38.6-56.0%)	79.8% (72.5-87.1%)	76.2% (68.5-83.9%)	79.7% (71.8-87.6%)	0.76 (0.68-0.84)
Urban (n=1)	23.5% (18.7-28.3%)	84.5% (79.8-89.2%)	85.3% (80.6-90.0%)	92.1% (88.6-95.6%)	0.81 (0.76-0.86)
Border (n=1)	27.6% (21.9-33.3%)	75.1% (69.0-81.2%)	72.8% (66.5-79.1%)	81.5% (76.2-86.8%)	0.64 (0.58-0.70)
Island (n=1)	64.2% (55.7-72.7%)	76.4% (68.3-84.5%)	70.5% (61.8-79.2%)	77.3% (68.4-86.2%)	0.68 (0.59-0.77)
Farmworker (n=1)	18.4% (12.9-23.9%)	68.7% (62.2-75.2%)	92.7% (88.4-97.0%)	88.9% (84.2-93.6%)	0.59 (0.52-0.66)
Overall (N=9)	37.2% (32.9-41.5%)	78.6% (74.3-82.9%)	78.4% (74.1-82.7%)	84.7% (81.2-88.2%)	0.71 (0.67-0.75)

*Compared to traditional surveillance alone in the same communities **Proportion of true cases detected by the system, based on capture-recapture estimates ***Percentage of required data fields that were complete and valid ****Concordance between surveillance population and target population demographics (1.0 = perfect representativeness) 95% confidence intervals in parentheses

• Economic Outcomes

The average annual cost per community for implementing CBS ranged from \$18,540 to \$73,260 (median: \$42,875), with personnel costs accounting for the largest proportion (62.7% of total costs). When analyzed per capita, CBS implementation costs ranged from \$2.13 to \$8.47 per person per year (median: \$4.82). This represents a fraction of traditional public health surveillance costs, which range from \$10.28 to \$27.35 per person per year in comparable jurisdictions (median: \$16.74).

Cost-effectiveness analysis revealed that CBS approaches were economically favorable across all settings, with a mean savings of \$3.86 for every \$1.00

• Case Detection and Data Quality

Community-based surveillance identified 37% more cases of reportable conditions compared to traditional surveillance alone in the studied communities (range: 18-64% across initiatives). The positive predictive value of CBS reports ranged from 68.3% to 92.7% (weighted mean: 78.4%), indicating that approximately four in five reported cases were confirmed as true cases upon investigation.

invested (range: \$2.14-\$7.22) when accounting for healthcare costs averted through earlier detection and response. The most cost-effective implementations were observed in tribal communities (\$7.22 return on investment) and the most remote rural communities (\$5.67 return on investment).

➤ Implementation Factors and Contextual Influences

Qualitative analysis identified six key domains of factors that influenced the implementation and effectiveness of community-based surveillance: (1) workforce and training; (2) community engagement; (3) information flow and technology; (4) governance and coordination; (5) resources and sustainability; and (6) sociocultural context. Figure 2 presents these domains and their interrelationships.

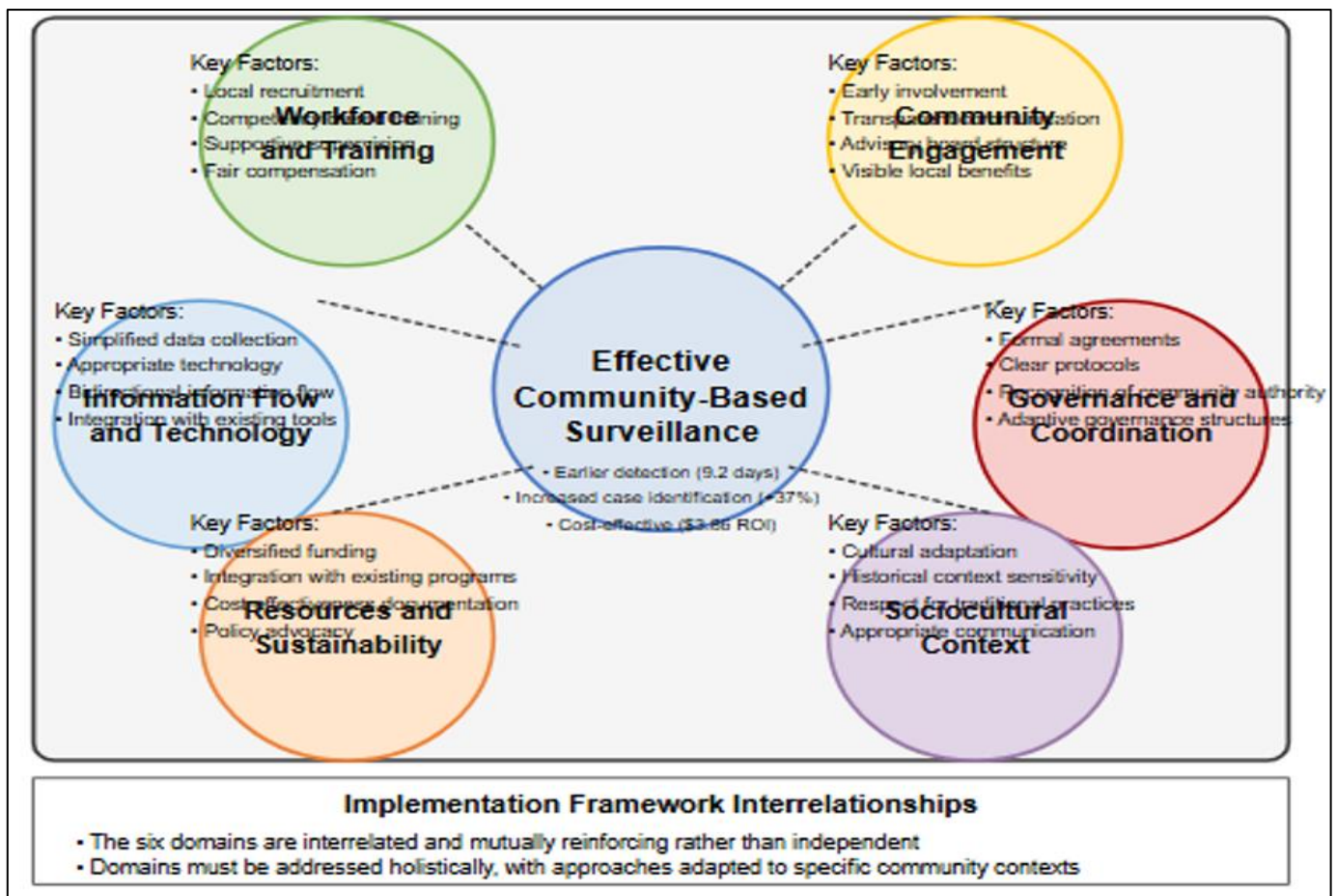


Fig 2 Framework of Implementation Factors for Community-Based Surveillance in Low-Resource Settings

• Workforce and Training

Workforce characteristics and training approaches emerged as critical determinants of CBS success. Initiatives that recruited community health workers from the communities they served reported stronger community trust and better access to marginalized populations:

"Having CHWs who are from the community, who speak the language, who understand the cultural context—that's been absolutely crucial. They can identify cases we would never have found through traditional methods because people trust them." (Program Manager, Border Health Initiative)

➤ Key Success Factors in the Workforce Domain Included:

- Selection criteria that balanced community connectedness with basic technical capacity
- Simplified, competency-based training using adult learning principles
- Regular refresher training and supportive supervision
- Clear role definition and scope to prevent overload
- Fair compensation and recognition systems

Training approaches varied considerably across programs, but the most effective programs utilized hands-on, scenario-based learning with regular skills practice. The duration of initial training ranged from 2 to 14 days

(median: 5 days), with programs that included ongoing mentorship showing better long-term performance.

➤ Community Engagement

The depth and quality of community engagement strongly influenced both implementation success and sustainability. Programs that established meaningful community participation from the outset demonstrated higher case detection rates and community cooperation:

"In our previous attempts, we designed the system and then tried to get community buy-in. This time, we worked with community leaders from day one to design the approach together. The difference has been night and day in terms of participation and effectiveness." (Public Health Official, Tribal Health Monitoring Project)

Successful community engagement strategies included:

- Early and consistent involvement of community leaders and organizations
- Transparent communication about data use and benefits
- Creation of community advisory boards with decision-making authority
- Integration with existing community priorities and structures
- Regular feedback loops to share surveillance findings with the community

A particularly important factor was ensuring visible local benefits from surveillance activities. Communities where data collection led to tangible responses and resources showed substantially higher participation rates and sustainability.

➤ *Information Flow and Technology*

Information management approaches needed to balance data quality requirements with field-level practicality. The most successful systems employed simplified data collection tools with clear case definitions adapted to community contexts:

"We started with the CDC case definitions and realized quickly they were too complex for field use. We worked with epidemiologists to develop syndromic definitions that community workers could apply reliably but that still had good correlation with the official definitions." (Program Coordinator, Appalachian Sentinel Network) Technological solutions varied based on local infrastructure, with successful approaches including:

- Paper-based systems with mobile phone reporting in areas with limited connectivity
- Simple mobile applications designed for offline use and intermittent syncing
- Integration with existing community health worker reporting tools to reduce duplication
- Automated analysis and visualization tools that provided rapid feedback

The most effective systems created bidirectional information flow, where community reporters not only collected data but also received timely updates and alerts relevant to their communities.

➤ *Governance and Coordination*

Governance structures that balanced local ownership with integration into formal systems were most effective. Initiatives with clear roles, decision-making processes, and coordination mechanisms demonstrated better performance and sustainability:

"The key was establishing a coordination committee that included both the formal health department leadership and the community representatives. Having that forum where both perspectives had equal weight in decision-making created accountability in both directions." (Health Department Representative, Rural Infection Prevention Network) Critical governance factors included:

- Formal agreements between community organizations and health authorities
- Clear protocols for information sharing and joint response
- Recognition of community authority and expertise
- Mechanisms to resolve conflicts between community and institutional priorities
- Adaptive governance that evolved based on implementation learning

Initiatives operating in tribal contexts faced unique considerations regarding data sovereignty and governance, requiring careful attention to tribal authority over health data collection and use.

➤ *Resources and Sustainability*

Resource limitations presented significant challenges across all initiatives, with financial sustainability emerging as the most commonly cited threat to program continuation:

"We've demonstrated the effectiveness of this approach, but sustainable funding remains elusive. Grant cycles end, priorities shift, and we're constantly piecing together resources to keep the system running." (Program Manager, Urban Health Equity Surveillance) Factors that supported resource sustainability included:

- Diversified funding sources, including public-private partnerships
- Integration with existing funded programs (e.g., community health worker initiatives)
- Documentation of cost-effectiveness and return on investment
- Policy advocacy for sustainable funding mechanisms
- Resource-sharing agreements across jurisdictions

Several initiatives had successfully transitioned from grant funding to more sustainable sources, including state budget allocations, Medicaid reimbursement for community health worker services, and dedicated tribal health program funding.

➤ *Sociocultural Context*

The sociocultural context significantly influenced implementation approaches and effectiveness. Historical relationships between communities and government agencies, cultural understandings of disease, and local social structures all shaped how surveillance activities were perceived and implemented:

"You can't separate surveillance from the historical context. In communities that have experienced research exploitation or medical mistreatment, there's understandable suspicion about data collection. Building trust takes time and consistent actions that demonstrate respect." (Community Health Worker, Indigenous Surveillance Collaborative) Contextual adaptations that supported successful implementation included:

- Cultural adaptation of case definitions and educational materials
- Attention to historical context and power dynamics in community-government relationships
- Respect for traditional healing practices and knowledge systems
- Linguistic and literacy-level appropriate communication
- Recognition of community-specific barriers to participation

Initiatives that embraced local cultural frameworks rather than imposing external models demonstrated stronger community acceptance and participation.

➤ *Integration with Traditional Surveillance Systems*

The degree and nature of integration with traditional surveillance systems varied considerably across initiatives, ranging from fully parallel systems to highly integrated approaches. We identified four models of integration, each with distinct advantages and challenges, as detailed in Table 3.

Table 3 Models of Integration Between Community-Based and Traditional Surveillance

integration Model	Description	Advantages	Challenges	Examples from Study
Parallel Systems	CBS operates independently with separate data collection, analysis, and response mechanisms; information sharing occurs ad hoc.	<ul style="list-style-type: none"> • Community autonomy and ownership • Flexibility to adapt to local needs • Potentially faster local response 	<ul style="list-style-type: none"> • Duplication of effort • Limited recognition by formal system • Challenges in data comparison • Sustainability concerns 	<ul style="list-style-type: none"> • Farmworker Health Surveillance • Indigenous Surveillance Collaborative
Hierarchical Integration	CBS serves as an early detection layer that feeds into traditional surveillance; maintains separate community data collection but standardized reporting to formal system.	<ul style="list-style-type: none"> • Clear role definition • Leverages strengths of both systems • Official recognition of CBS data • Maintains some community ownership 	<ul style="list-style-type: none"> • Potential power imbalances • One-way data flow • Community priorities may be secondary • Requires standardized protocols 	<ul style="list-style-type: none"> • Appalachian Sentinel Network • Border Health Initiative • Delta Region Monitoring Program
Functional Integration	CBS and traditional surveillance share functions, with joint training, analysis, or response activities while maintaining distinct components.	<ul style="list-style-type: none"> • Efficient resource use • Knowledge transfer between systems • Strengthens both systems • Bidirectional skill development 	<ul style="list-style-type: none"> • Complex coordination requirements • Requires strong relationships • Role boundary challenges • Potential institutional resistance 	<ul style="list-style-type: none"> • Tribal Health Monitoring Project • Urban Health Equity Surveillance • Island Territories Health Network
Full Integration	CBS approach is incorporated into the formal surveillance system as a standard component, with unified governance, data management, and response.	<ul style="list-style-type: none"> • Maximum sustainability • Institutional commitment • Systematic scale-up potential • Unified data analysis 	<ul style="list-style-type: none"> • Risk of community disempowerment • Bureaucratic constraints • Less flexibility and adaptability • Potential loss of community ownership 	<ul style="list-style-type: none"> • Rural Infection Prevention Network

The most effective integration approaches-maintained community ownership while establishing formal recognition and data flows between systems. Critical enablers of successful integration included:

- Data sharing agreements that protected community interests while enabling information flow
- Joint training and capacity building activities that brought together community members and public health officials
- Collaborative outbreak investigations that leveraged both community knowledge and technical expertise

- Regular coordination meetings that addressed challenges and adjusted approaches

- Leadership commitment at both community and institutional levels

➤ *Variations Across Geographic and Community Contexts*

Our analysis revealed important variations in implementation approaches and effectiveness across different geographic and community contexts. Figure 3 illustrates these variations along key dimensions.

Key adaptations	Rural Communities <ul style="list-style-type: none">• Leveraging social networks• Local community "gatekeepers"• Integration with community paramedicine programs• Addressing transportation barriers• Technologies for limited connectivity• Church/school involvement as surveillance nodes	Tribal Communities <ul style="list-style-type: none">• Recognition of tribal governance• Formal tribal council approval• Integration of traditional knowledge• Community health representative (CHR) program platforms• Cultural adaptation of case definitions• Data sovereignty protections	Urban Underserved <ul style="list-style-type: none">• Neighborhood-specific approach• Partnerships with trusted community organizations• Multilingual/culturally diverse CHWs• Integration with social service navigation• Digital technologies for reporting• Multi-jurisdictional coordination	Border/Migrant <ul style="list-style-type: none">• Binational coordination• Enhanced privacy protections• Mobile surveillance approaches• Multilingual CHWs• Strong confidentiality protocols																						
	Performance Metrics <table><tr><td>Timeliness</td><td>Case</td><td>ROI</td></tr><tr><td>11.3 days earlier</td><td>+42.6% detection</td><td>\$5.67 per \$1 spent</td></tr></table> <ul style="list-style-type: none">• Highest impact for stigmatized conditions (STIs, drug-related)• Strong correlation with remoteness	Timeliness	Case	ROI	11.3 days earlier	+42.6% detection	\$5.67 per \$1 spent	Performance Metrics <table><tr><td>Timeliness</td><td>Case</td><td>ROI</td></tr><tr><td>10.0 days earlier</td><td>+47.3% detection</td><td>\$7.22 per \$1 spent</td></tr></table> <ul style="list-style-type: none">• Highest system stability (87%)• Strong community participation• Highest overall ROI	Timeliness	Case	ROI	10.0 days earlier	+47.3% detection	\$7.22 per \$1 spent	Performance Metrics <table><tr><td>Timeliness</td><td>Case</td><td>ROI</td></tr><tr><td>7.1 days earlier</td><td>+23.5% detection</td><td>\$2.83 per \$1 spent</td></tr></table> <ul style="list-style-type: none">• Highest data quality metrics• Lower improvement in case detection• Better baseline healthcare access	Timeliness	Case	ROI	7.1 days earlier	+23.5% detection	\$2.83 per \$1 spent	Performance Metrics <table><tr><td>Timeliness</td><td>Case</td></tr><tr><td>8.6 days earlier</td><td>64% reach</td></tr></table> <ul style="list-style-type: none">• Reached population absent from traditional surveillance	Timeliness	Case	8.6 days earlier	64% reach
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Implementation Factors <p>Strengths:</p> <ul style="list-style-type: none">• Strong existing social networks• High community trust <p>Challenges:</p> <ul style="list-style-type: none">• Geographic distance barriers• Limited healthcare infrastructure	Implementation Factors <p>Strengths:</p> <ul style="list-style-type: none">• Existing CHR programs• Strong governance structures <p>Challenges:</p> <ul style="list-style-type: none">• Historical distrust of governments• Complex jurisdictional relationships	Implementation Factors <p>Strengths:</p> <ul style="list-style-type: none">• Diverse community organizations• Better technological infrastructure <p>Challenges:</p> <ul style="list-style-type: none">• Complex social dynamics• Multiple jurisdictions	Implementation Factors <p>Strengths:</p> <ul style="list-style-type: none">• Engaged CHWs• Flexible approaches <p>Challenges:</p> <ul style="list-style-type: none">• Population mobility• Documentation fears																							
Performance Metrics	<p>Note: Performance metrics based on case study data from 47 communities across 12 states (2021-2023)</p> <p>ROI = Return on Investment (calculated as healthcare costs averted per dollar invested)</p>																									

Fig 3 Comparative Analysis of Community-Based Surveillance Across Different Low-Resource Contexts

➤ Rural Communities

In rural communities, particularly in Appalachia and the Mississippi Delta, the most effective CBS approaches leveraged existing social networks and community institutions such as churches, schools, and local businesses as surveillance nodes. Key contextual adaptations included:

- Use of local community "gatekeepers" as key informants.
- Integration with rural healthcare extenders such as community paramedicine programs.
- Attention to transportation barriers in reporting and response.
- Technologies adapted for limited connectivity.

Rural communities demonstrated the greatest improvements in timeliness and case detection rates compared to traditional surveillance, particularly for conditions with stigma barriers such as sexually transmitted infections and drug-related infectious diseases.

➤ Tribal Communities

In sovereign tribal contexts, successful implementation required explicit recognition of tribal governance, data sovereignty, and cultural frameworks. Effective approaches included:

- Formal tribal council approval and ongoing oversight.
- Integration of traditional knowledge and Western epidemiological approaches.
- Community health representative (CHR) programs as implementation platforms.
- Cultural adaptation of case definitions and response protocols.
- Data ownership agreements that protected tribal sovereignty.

Tribal communities showed particularly strong results in surveillance system stability and community participation rates, with 87% of tribal initiatives maintaining consistent operation throughout the study period.

➤ *Urban Underserved Communities*

In urban settings, successful CBS approaches navigated complex social dynamics, multiple jurisdictions, and diverse population needs. Effective strategies included:

- Neighborhood-specific implementation approaches.
- Partnerships with trusted community organizations.
- Multilingual and culturally diverse community health workers.
- Integration with social service navigation.
- Use of digital technologies for reporting and information sharing.

Urban initiatives demonstrated the highest data quality metrics but smaller improvements in case detection compared to other settings, likely due to greater baseline access to healthcare services.

➤ *Border and Migrant Communities*

Border communities and those serving migrant populations required specific adaptations to address

mobility, documentation concerns, and cross-border health issues:

- Binational coordination mechanisms.
- Privacy protections that minimized collection of sensitive personal information.
- Mobile surveillance approaches that could follow seasonal population movements.
- Multilingual and culturally concordant community health workers.
- Strong confidentiality protocols to build trust.

These initiatives showed strong results in reaching populations typically absent from traditional surveillance, with the Border Health Initiative identifying 64% of its cases among individuals who reported they would not have otherwise sought healthcare.

➤ *Adaptive Implementation Framework*

Based on our integrated analysis of quantitative performance metrics and qualitative implementation factors, we developed an adaptive implementation framework for community-based surveillance in low-resource settings, presented in Figure 4.

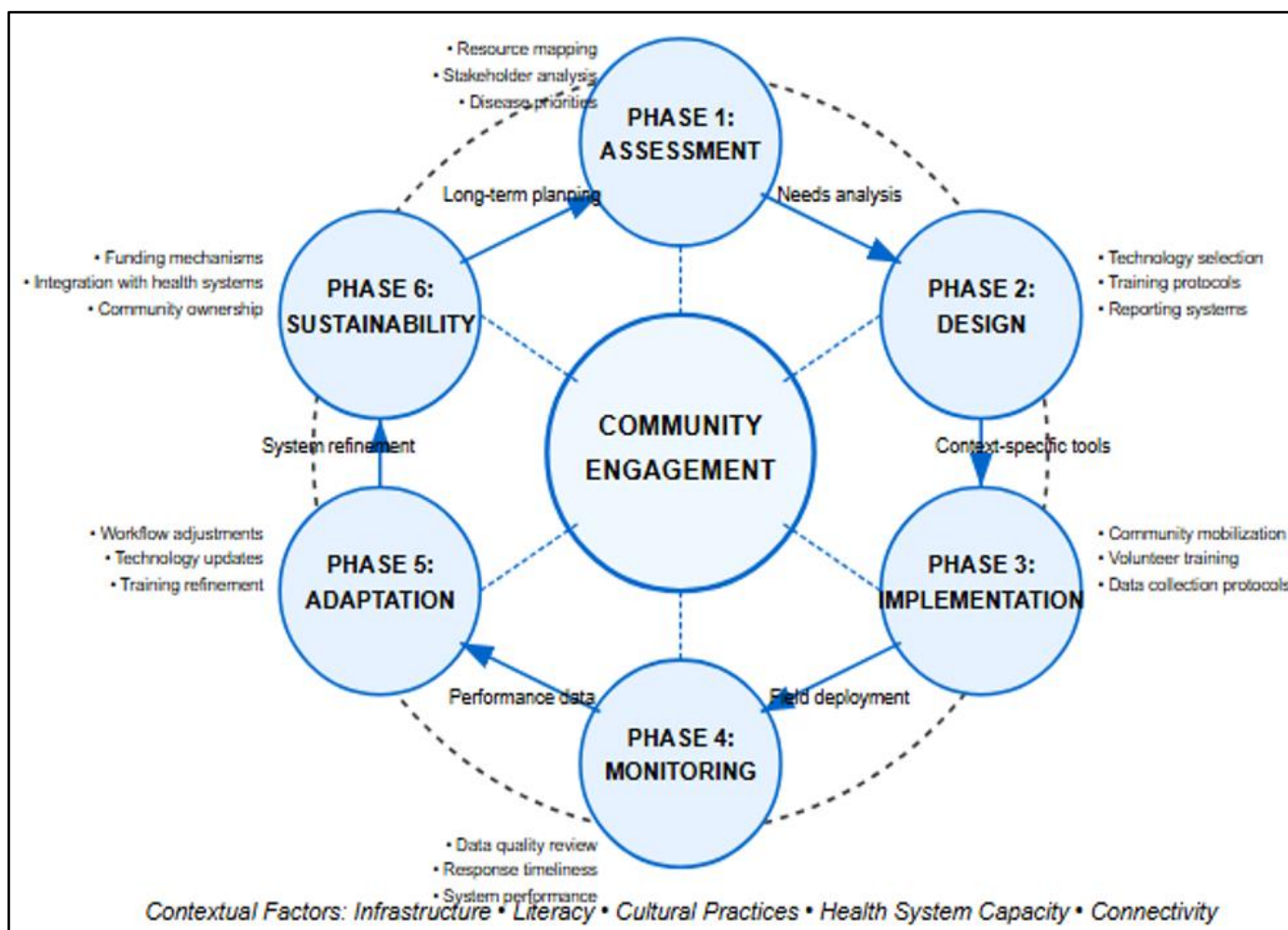


Fig 4 Adaptive Implementation Framework for Community-Based Surveillance in Low-Resource Settings

This framework outlines a structured yet flexible approach to designing and implementing CBS initiatives based on community context, existing resources, and surveillance objectives. Key elements include:

- **Contextual Assessment:**
Systematic analysis of community characteristics, resources, and needs
- **Collaborative Design:**
Joint development of surveillance approaches with community stakeholders
- **Capacity Building:**
Structured training and mentorship for community health workers and local leaders

- **Phased Implementation:**
Incremental rollout with continuous learning and adaptation
- **Integration Planning:**
Strategic connections with formal health systems
- **Sustainability Mechanisms:**
Approaches to ensure long-term resource availability
- **Continuous Evaluation:**
Ongoing assessment of system performance and impact

The framework emphasizes adaptable implementation choices based on contextual factors, with decision support tools to guide context-specific application. Figure 5 illustrates a decision tree for selecting appropriate technology approaches based on community characteristics.

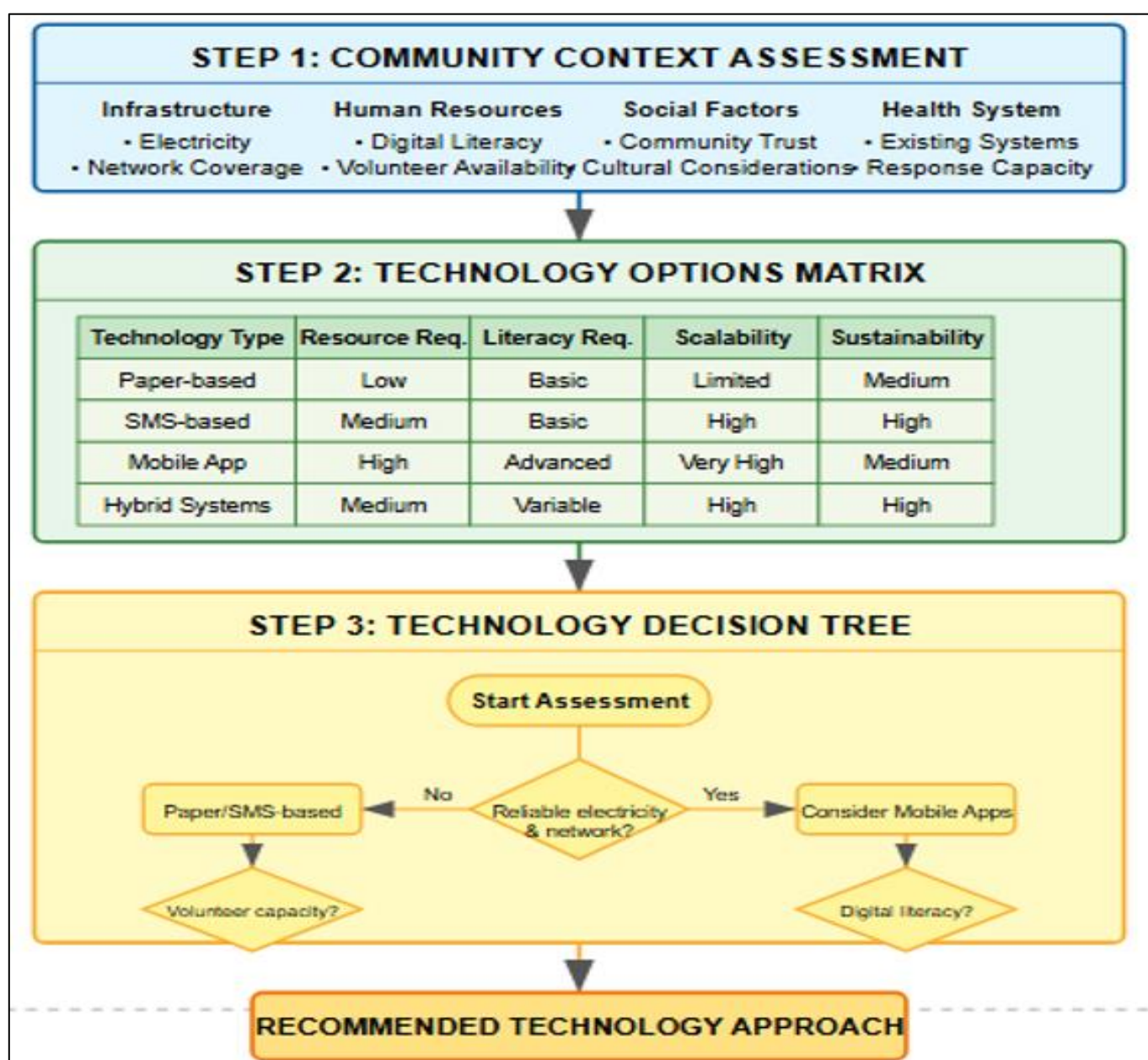


Fig 5 Decision Support Tool for CBS Technology Selection Based on Community Context

V. DISCUSSION

➤ *Key Findings and Implications*

This study provides comprehensive evidence that community-based surveillance approaches can effectively enhance infectious disease monitoring in diverse low-resource settings across the United States. The substantial improvements in timeliness, case detection, and cost-effectiveness suggest that CBS should be considered a valuable complement to traditional surveillance systems, particularly in communities with limited healthcare access and public health infrastructure.

- *Several Findings Have Important Implications for Policy and Practice:*

✓ *Finding 1:*

CBS provides greatest value in the most resource-constrained settings. The most substantial performance improvements were observed in rural, tribal, and territorial communities with the most limited existing infrastructure. This suggests that CBS approaches should be prioritized for these contexts, where they may help address fundamental inequities in public health protection.

✓ *Finding 2:*

Integration models must balance community ownership with system recognition. The most effective and sustainable approaches maintained strong community leadership while establishing formal connections to traditional surveillance systems. This balanced approach requires thoughtful governance structures and clear data sharing agreements that respect community interests.

✓ *Finding 3:*

Technology choices should follow context, not lead it. Successful CBS initiatives selected technologies based on local infrastructure, capacity, and needs rather than imposing predetermined solutions. Simple, adaptable tools often outperformed more sophisticated systems when they better matched community context.

✓ *Finding 4:*

Sustainable financing remains the primary challenge. Despite demonstrated cost-effectiveness, most CBS initiatives struggled with long-term financial sustainability. This suggests the need for policy changes to create stable funding mechanisms, potentially through Medicaid reimbursement models, public health block grants, or dedicated CDC funding streams.

✓ *Finding 5:*

CBS strengthens community health systems beyond surveillance. Many initiatives reported broader health system benefits beyond improved disease detection, including strengthened community health workforces, enhanced health literacy, and greater community engagement in health decision-making.

➤ *Strengths and Limitations*

This study has several strengths, including its mixed-methods approach, diverse sample of CBS initiatives, standardized performance metrics, and contextual analysis across different settings. The inclusion of economic evaluation provides practical information for decision-makers considering CBS implementation.

- *However, Several Limitations Should Be Acknowledged:*

✓ *Selection bias:*

Participating initiatives were established programs that agreed to evaluation, potentially excluding less successful implementations.

✓ *Measurement challenges:*

Perfect comparison with traditional surveillance was not possible in all settings due to data limitations and jurisdictional boundaries.

✓ *Timeframe:*

The study period (2021-2022) coincided with the COVID-19 pandemic, which may have influenced both CBS implementation and traditional surveillance system performance.

✓ *Generalizability:*

While we included diverse settings, findings may not apply to all low-resource contexts within the United States.

✓ *Attribution challenges:*

In some contexts, improvements in disease detection may have resulted from multiple concurrent initiatives rather than CBS alone.

➤ *Future Research Directions*

This research suggests several important directions for future investigation:

- Longitudinal studies to assess long-term sustainability and evolution of CBS approaches beyond the initial implementation period.
- Implementation science research to develop and test strategies for scaling effective CBS approaches across similar contexts.
- Technology innovation studies to design and evaluate next-generation tools specifically optimized for CBS in low-resource settings.
- Policy analysis to identify regulatory and financing mechanisms that could support sustainable CBS implementation.
- Comparative effectiveness research examining different CBS models across similar contexts to identify optimal approaches for specific settings.

VI. CONCLUSION

Community-based approaches to infectious disease surveillance demonstrate significant promise for enhancing early detection, improving case finding, and strengthening public health response in low-resource settings across the United States. Our mixed-methods evaluation found consistent advantages in timeliness, completeness, and cost-effectiveness compared to traditional surveillance alone, particularly in the most resource-constrained contexts.

Successful implementation requires careful attention to community context, meaningful engagement of local stakeholders, appropriate technology selection, clear governance structures, and thoughtful integration with existing health systems. While challenges remain—particularly related to sustainable financing and systematic scale-up—the evidence suggests that community-based surveillance approaches should be considered a valuable component of comprehensive public health surveillance strategies, especially in communities where traditional approaches have demonstrated limitations.

As the United States works to strengthen public health infrastructure and address health inequities, community-based surveillance offers a pragmatic, cost-effective approach to ensuring that all communities benefit from timely and effective infectious disease monitoring and response. By bridging gaps between formal public health systems and local communities, these approaches contribute not only to improved disease detection but also to more equitable and responsive public health practice.

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